



A super easy guide to making your SUPERMERO COSTUME

You'll need:

- A big t-shirt
 (ask your parent or carer if they've
 got an old one you can have)
- Some felt or material for your superhero emblem
- Scissors



Fabric glue



Fabric pens and glitter to decorate



Ribbon or elastic



Velcro (optional)



Card for your mask

BE SAFE:

Cutting around material can be tricky.

Make sure you have an adult on hand to help and ask them to do it for you if needs be.

MASKS

- **1.** Cut out the mask template given to you by your teacher.
- 2. Use your glitter and pens to decorate it.
- **3.** Cut out little holes in either side of your mask and thread either a ribbon or some elastic through the holes.

BELTO

- 1. Using the material from the front of your t-shirt cut out one long strip measuring about 7cm in width.
- 2. Use your felt or material to cut out the shape of a buckle and stick it on the middle of your long strip of material.
- **3.** You can either tie the belt around your waist, knotting it at the back, or use some velcro to secure it.



CAPES

- 1. On a big piece of paper, draw your superhero emblem. You could copy Superwoman's , Batman's or even design something of your own. How about using the initial of your name or school?
- 2. Cut your emblem out and place it on to a piece of felt or material. Draw around your paper cut out.
- **3.** Using your scissors, carefully cut around the shape on your piece of felt or material.
- **4.** Your emblem is now ready to decorate however you want to.
- **5.** Using a big piece of paper, cut out a cape shape.
- **6.** Place it on to the back of your t-shirt and draw around it.
- 7. Cut around your shape and when you get to the top of the t-shirt, continue cutting right around the neckline, so it's still attached to the cape bit.
- **8.** Glue your emblem on to the back of your cape.

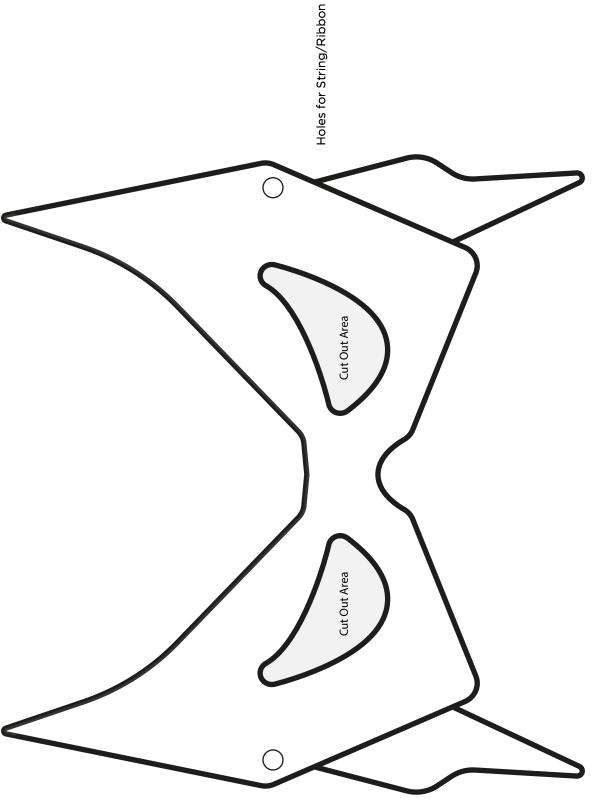
Optional extra: Cut through the neckline in the front and then glue Velcro on either side to secure the ends back together.

NOW YOU'RE READY FOR YOUR BIG SCHOOLS SUPERHERO CHALLENGE!

CREATE YOUR

An idea to help you get started.



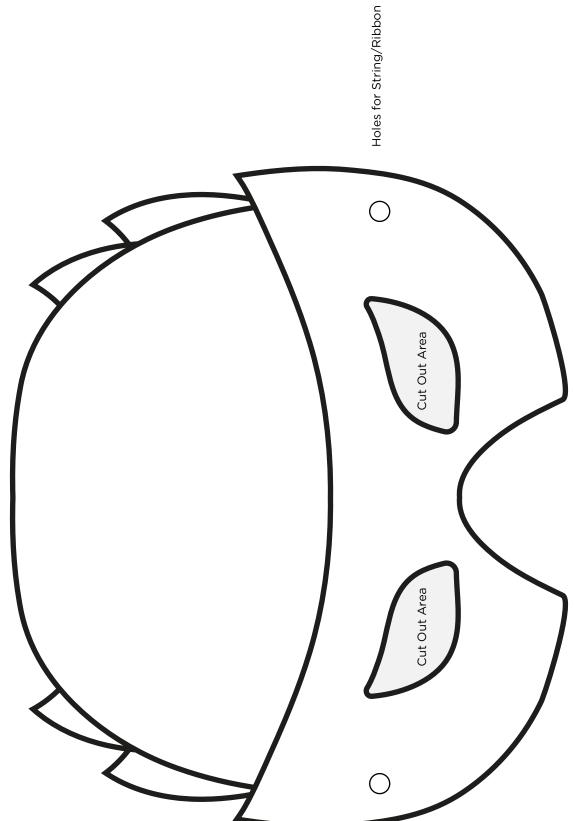




CREATE YOUR OWN MASK

An idea to help you get started.







Holes for String/Ribbon Cut Out Area Cut Mask Outline Cut Out Area SISTATE YOUR Noak's Avk Children's Hospital Charity Elusen Ysbyty Plant An idea to help you get started.