



***Find Your Rainbow* this summer!**

To help you with your Rainbow Day, we've come up with a few ideas to get you on your way.

- Use a colourful parachute to play parachute games outside
- Wear your favourite rainbow colours and donate £1
- Make your own rainbow by creating light mist from a hose or a water sprayer. Catch the sunlight and hey presto.
- Make rainbow colour cupcakes or cookies. You could give them to your family or friends and even ask them for a donation.
- Create rainbow sensory play with different colour scarf, rice, slime or ice.
- Paint rainbow spaghetti or wool.
- Stained glass window Rainbow with a selection of paints.
- Lego rainbows

We'd love to know what you get up to for your Find Your Rainbow Day, so be sure to tag us in your photos on social media - @noahsarkcharity on Facebook, Instagram and Twitter!

Have fun and thank you for your support!